ENLUXTRA™

PATIENT INFORMATION

You were prescribed Enluxtra dressings for your wound treatment. If your doctor instructed you to change Enluxtra dressing at home between office visits, you must follow certain rules.

RULES FOR USING ENLUXTRA DRESSINGS

RULE 1. Enluxtra must be sized correctly for your wound.

- Enluxtra must cover the wound bed, the surrounding skin that maybe inflamed or swollen, and about 1" of healthy skin.
- Enluxtra should never be cut to the size and shape of the wound, but it can be trimmed or slitted to make it fit better in difficult areas.

Wound size	Enluxtra size
Smaller than 5 cm (2")	4"x4" (10cm x 10cm)
Between 5 cm (2") and 10 cm (4")	6"x6" (15cm x 15cm)
Larger than 10 cm (4")	Use multiple Enluxtra dressings

RULE 2. Enluxtra must stay in full contact with the wound bed and wound filler (if using) at all times.

If the applied Enluxtra dressing is tenting over the wound, some folded gauze should be placed on top of Enluxtra to bend the dressing toward the wound before securing with tape or wrap.

RULE 3. When you first start using Enluxtra, it must be changed more often initially.

We recommend to change Enluxtra dressing:

- **Every 1-2 days** if your wound is infected, has a lot of drainage and significant build-up of necrotic tissue or slough.
- **Every 2-3 days** if the wound is draining and some necrosis or slough is present in the wound bed.
- **Every 3-7 days** for all other wounds.

Note: Enluxtra dressing must be changed before wound drainage reaches the dressing edge.

PRECAUTION: DO NOT place INCOMPATIBLE materials (thick pastes, petrolatum- or honey-based products, alginate or gelling CMC fiber dressings or wound fillers) under Enluxtra.

For full information, precautions and contraindications see Instructions for Use insert.

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HOW TO APPLY ENLUXTRA DRESSING

1. Cleanse the wound with sterile saline or prescribed wound cleanser. No need to pat dry.

2. Center Enluxtra dressing on the wound, allowing, if possible, for wider skin overlap in the direction of natural flow of wound drainage.

Important: Unprinted white fiber side of Enluxtra dressing must face the wound.

3. Press Enluxtra dressing down so it stays in contact with the wound bed; see **Rule 2** on the reverse side of this leaflet.

- If you feel empty space between the dressing and the wound bed, add folded gauze pads on top of Enluxtra dressing.
- If a wound filler was prescribed for deep or tunneling wounds, only non-gelling fiber or foam strip filler should be used.

4. Secure Enluxtra dressing to the skin using medical adhesive tape or film dressing or a wrap. If a compression wrap is used, reduce tension by about 20%.

WHEN TO CHANGE ENLUXTRA DRESSING

Follow the recommended Enluxtra dressing change frequency for best results; see **Rule 3** on the reverse side of this leaflet.
Note: Enluxtra dressing must be changed before wound drainage reaches the dressing edge.

HOW TO REMOVE ENLUXTRA DRESSING

Lift one corner of the dressing and slowly and gently peel the dressing away from the wound. If it does not come off easily, spray sterile saline between the dressing and the wound bed to help loosen it up.

HOW TO PROTECT APPLIED ENLUXTRA DRESSING FROM LIQUIDS

If you need to take a shower, you must keep water away from the edges of the applied Enluxtra dressing. Wear a waterproof cast-and-wound protective sleeve or plastic wrap over Enluxtra dressing. If Enluxtra dressing becomes wet it must be changed.

WHEN TO CALL YOUR DOCTOR

Call your prescribing physician when you experience any of the following symptoms:

- More than usual wound discomfort and pain
- Excessive burning or itching sensation in or around the wound

For more information about Enluxtra visit:
Enluxtra.com/patient-info

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